



THE GLENSIDE  
BAR, RESTAURANT & FUNCTION ROOM

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*Breakfast  
menu*

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## *Breakfast menu*

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**Available 9:30 to 12 Monday to Sunday**

**Full Irish ..... €14.95**

2 rashers, 2 sausages, 2 fried eggs, black and white pudding, sautéed mushrooms, hash brown, grilled tomato and toast.

CA (1(wheat),3,8,9,11,12)

**Mini Irish ..... €12.95**

Rasher, sausage, fried egg, black and white pudding, sautéed mushroom, hash brown, grilled tomato and toast.

CA (1(wheat),3,8,9,11,12)

**Veggie Breakfast ..... €10.95**

2 fried eggs, grilled tomato, 2 hash browns, sautéed mushroom, and toast.

CA (1(wheat),3,6,9)

**Lighter choice ..... €9.95**

Scrambled eggs served with toast | Add Smoked Salmon or Bacon (+ €4.50)

V/CA (1(wheat),3,6,9)

**Breakfast Muffin ..... €10.95**

Lightly toasted muffin with egg, sausage, bacon, hash brown and side of relish.

(1(wheat),3,6,9,12)

**Add beans to your breakfast | ( no extra charge).**

**All served with tea or coffee**

**Selection of daily baked pastries served with tea  
or choice of coffee €6.95**

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1.Gluten: Wheat, rye, barley, oats, spelt. 2.Crustaceans: Crab, Lobster, Crayfish, Shrimp.3.Egg: and egg products; mayo, pasta, dressings. 4.Fish: Salmon, Tuna, Cod etc. 5. Peanuts: Whole or in foods, confectionary, or sauces. 6.Milk: and Milk containing products dried milk solids. 7.Nuts: Almond, Hazelnut, Pecan, Brazil, Pistachio. 8.Soya: Soya beans, soya milk, tofu, soya sauce. 9.Sesame: Bagels, breads, dressings. 10.Celery: Salad dressing, stir fries and dressings. 11.Mustard: Widely used as an ingredient in many foods. 12.Sulphur dioxide, sulphites: Used as preservatives in a wide range of foods. 13.Molluscs: Mussels, Oysters. 14.Lupin: Lupin flour.

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