THE GLENSIDE

BAR, RESTAURANT & FUNCTION ROOM

Lunch Menu

Soup & Sandwiches

Served 12 to 3pm Monday to Friday

Soup of the day €6.95
Homemade soup of the day served with our freshly baked stout bread.
CA/V (1(wheat)

Spicy Chicken & Bacon Sandwich..... €8.95
Smoked cheddar, crispy bacon, shredded lettuce, and garlic mayo
(1(wheat),3,6,9,12)

Joint of the day Sandwich. €10.95
Served with our homemade stuffing.
(1(wheat),6)

Glenside Salad Sandwich €8.95
Choice of either egg or cheddar cheese with baby leaf and salad mix.
(1(wheat),3,6)

Toasted Special €8.95
Ham, cheese, tomato and onion.
(1(wheat),6)

Chicken Goujons Wrap €9.95
Chicken Goujons wrap, lettuce, red onion, grated cheddar and sweet chilli sauce.
(1(wheat),6,7,12)

Buffalo Mozzarella Ciabatta €9.95
Buffalo mozzarella served warm on ciabatta bread with caramelised onion, tomato, mixed leaf and basil pesto.
(1(wheat),3,6)

Add cup of soup or bowl of chips €3.50

V - Vegetarian | **VG -** Vegan | **VA -** Vegetarian Adaptable | **VGA -** Vegan Adaptable |
C - Coeliac | **CA-** Coeliac Adaptable

Salads

Irish Goats Cheese Salad €13.95
Warmed Goats cheese served with slow roasted beetroot, basil pesto, confit cherry tomato, mixed leaves and a balsamic dressing and stout bread.
V (1(wheat)6,11)

Irish Smoked Salmon Salad €13.95
Sliced smoked salmon on a tomato and scallion salad, red onion, peppers, balsamic dressing and saffron aioli. Served with stout bread.
CA (1(wheat),3,4,6,11)

Grilled Cajun Chicken Salad..... €13.95
Chargrilled Cajun chicken breast on Caesar dressed cos lettuce, crispy streaky bacon, parmesan shavings and a garlic and herb ciabatta.
V/CA (1(wheat),3,4,5,6,11)

Glenside Superfood Salad €13.95
Cherry tomatoes, tenderstem broccoli, beetroot, red onion, shredded carrots, sunflower seeds, mixed leaves and pomegranate dressing. Served with stout bread.
VG/CA (1(wheat),6,7,11)

Mains

Daily Lunch Special ..... Price Daily
Sourced from the freshest ingredients available from our suppliers.
Ask server for allergens

Roast Joint of the Day.....€17.95
Joint of the day served with seasonal vegetables, mash potato, roast potato, stuffing and homemade roast gravy.
CA (1(wheat),3,6)

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Mains

Glenside Chicken Pasta €16.95

Marinaded chicken strips, mushroom, bacon bits, broccoli and cauliflower florets in a creamy sauce with parmesan shavings, served with garlic and herb ciabatta.

VA (1(wheat),3,6,8,11,14)

Glin Valley Chicken Wings.....€16.95

Whole Glin Valley chicken wings in our spicy house marinade, choice of Buffalo hot sauce or Honey bbq dressing.

(1(barley),9,11,12)

Fish and Chips €16.95

Freshly sourced haddock in a light beer batter, served with tartar sauce, lemon wedge and side salad.

(1(wheat),3,4,11,12)

Scampi and Fries. €15.95

Breaded Scampi pieces served with side salad, lemon wedge, marie rose sauce and French Fries.

(1(wheat),2,3)

Piri Piri Chicken Burger €16.95

Our own chicken burger in a piri piri breadcrumb on a brioche bap, with baby gem, tomato, sweet chilli mayo and chips. | **CA (1(wheat),3,6,11,12)**

Goujons & Chips €12.95

Breaded chicken goujons served with chips and a garlic dip.

(1(wheat), 3, 6, 7, 11, 12)

1.Gluten: Wheat, rye, barley, oats, spelt. 2.Crustaceans: Crab, Lobster, Crayfish, Shrimp.3.Egg: and egg products; mayo, pasta, dressings. 4.Fish: Salmon, Tuna, Cod etc. 5. Peanuts: Whole or in foods, confectionary, or sauces. 6.Milk: and Milk containing products dried milk solids. 7.Nuts: Almond, Hazelnut, Pecan, Brazil, Pistachio. 8.Soya: Soya beans, soya milk, tofu, soya sauce. 9.Sesame: Bagels, breads, dressings. 10.Celery: Salad dressing, stir fries and dressings. 11.Mustard: Widely used as an ingredient in many foods. 12.Sulphur dioxide, sulphites: Used as preservatives in a wide range of foods. 13.Molluscs: Mussels, Oysters. 14.Lupin: Lupin flour.

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Dessert Menu

Dessert of the Week ..... Priced weekly

Ask server for allergens

Mixed berry and apple crumble €8.50

Homemade apple and mixed berry filling with a shortbread crumble, topped with vanilla ice cream. | **(1(wheat),3,6,7)**

Sticky Toffee Pudding €8.50

Homemade sticky toffee pudding with caramel sauce and cookies & cream ice-cream. | **(1 (wheat), 3, 6)**

Chocolate Brownie €8.50

Chocolate brownie served with caramel sauce, white chocolate shavings, shortbread crumble and vanilla ice-cream. | **(1(wheat), 3,6,8)**

Glenside Cheesecake €8.50

Please ask your server to see which cheesecake we have today.

(1(wheat) 3,6)

Selection of Premium Ice Creams €8.50

Served with crunchy crumble and chocolate sauce. | **(1(wheat),3,6,7)**

Jelly and Ice Cream €6.95

(3, 6)

Selection of daily baked pastries served with tea or choice of coffee €6.50

Flavoured syrup Additional €0.50 in hot drinks | Please ask you server. (3, 6)

Selection of Hot Liquors available on request

Irish Coffee, Calypso Coffee, Bailey's Coffee. (6)

Extensive Selection of cocktails Liquors, & Aperitifs available on request

Ask staff for details or see our drinks menu for a wider selection

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